COVID-19 Heads up

Everyone needs to be doing this:

- **Wash hands frequently**
- **Cover mouth and nose when coughing/sneezing with appropriate material (i.e. facial tissue, handkerchief)**
- **Utilize high standards of social distancing, wear a mask if available**
- **Have only one family member at a time go when making a trip to the store for essential items**
- **If you or an immediate family member becomes ill: *call ahead before you go to ER or Dr. Office***
- ***If you require 911 and you're having respiratory issues and/or have a COVID 19 positive household member inform the 911 operator***

Pending test results - need to do this:

If someone in the household is experiencing respiratory symptoms and has been tested for COVID-19 with results pending:

- **Try to recall and list close contacts of the patient with the pending COVID-19 test result within the last 7-14 days, in the event of a positive result, that information is valuable**
- **Continue above instructions for everyone**
- **Sequester the individual in a separate room in the household if possible**
- **Avoid close personal contact**
- **If others in the household become symptomatic contact your health care provider**

Positive households need to do this:

- **If someone in the household is informed of a COVID-19 positive status continue all of the above steps**
- **Sequester those who have had close personal contact with the patient and monitor for symptoms**
- **If you become symptomatic inform your healthcare provider**
- **Please be prepared with the patient's list of close contacts during the last 7-14 days. This information is necessary for contact tracing needs**

If there are further specific questions feel free to contact Your Ripley County Health Department at 812/689-5751 or via our website messaging http://www.ripleyhealth.com

Ripley County Health Department
102 W. 1st North Street Versailles, IN 47042
(P)812/689-5751 (F)812/689-3909
http://www.ripleyhealth.com
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